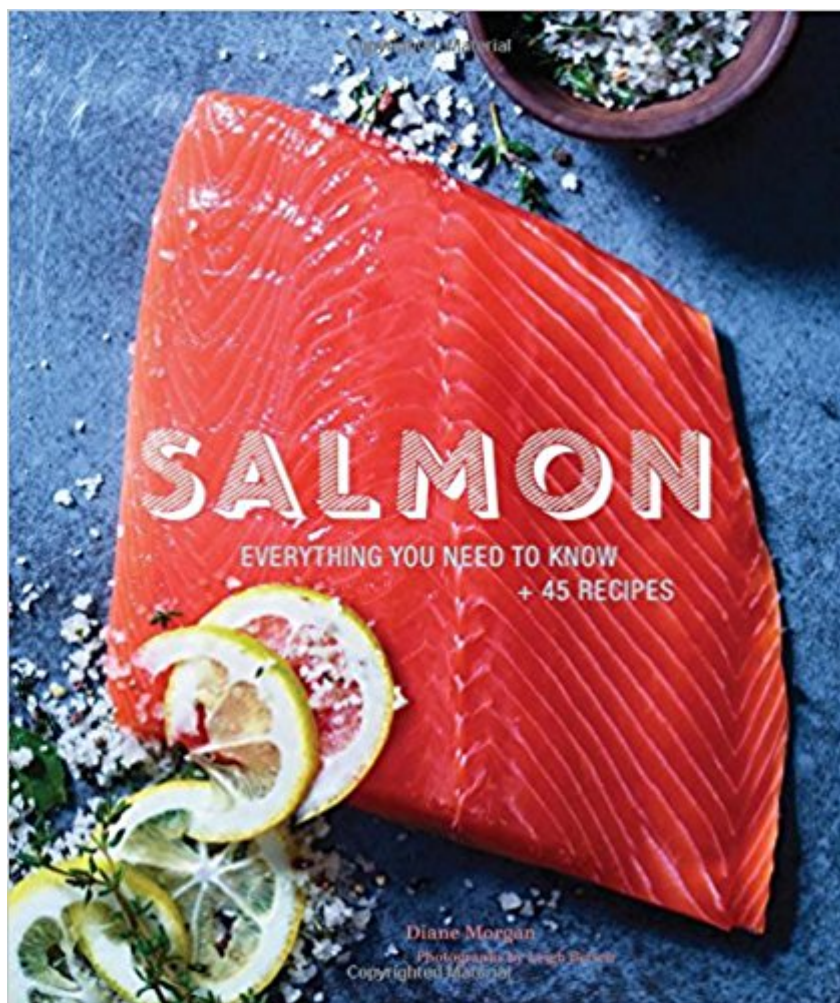


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# Salmon: Everything You Need To Know + 45 Recipes



## Synopsis

Salmon is the third-most consumed seafood in North America, not only for its exceptional flavor and versatility, but for its undeniable health benefits. Rich in Omega-3s, it's a rich protein source for those looking to eat healthier, consume less meat, or transitioning to a paleo or pescatarian diet. Salmon features 45 recipes showcasing the best ways to prepare this luscious, accessible fish. Acclaimed author Diane Morgan has crafted a go-to reference for home cooks who want to add more creative preparations of salmon to their repertoire. Recipes include all savory meal occasionsâappetizers, dinner, pizza, brunch, and moreâproviding inspiration for healthy eaters and fish lovers alike.

## Book Information

Paperback: 160 pages

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Shipping Weight: 12 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 13 customer reviews

Best Sellers Rank: #234,732 in Books (See Top 100 in Books) #91 in Books > Cookbooks, Food & Wine > Cooking by Ingredient > Fish & Seafood

## Customer Reviews

Diane Morgan is a James Beard award-winning cookbook author, food writer, and recipe developer. She is the author of 18 cookbooks. She lives in Portland, Oregon. Leigh Beisch is a San Francisco-based food photographer.

Some of the recipes are quite interesting. Worth making and branching out to try recipes that one wouldn't normally think.

Perfect! The ultimate cookbook for all salmon enthusiasts!

Diane Morgan's second book on cooking salmon. I have and value the first book and this is a nice addition.

Anxious to try

Great recipes and a great source of knowledge about Salmon! It can actually double as a coffee table book!David D.

Wonderful salmon cookbook. Lots of great ideas.

Yummy recipes & photos, easy to follow directions.

I enjoy the book and will use it.

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